

Kupuna Alert Partners



The Kupuna Alert Partners did a presentation on January 14t on the different types of scams and fraud circulating throughout Hawaii.

Many of these scams target the elderly because they are vulnerable to these following types of scams:

- **Romance scam:** Criminals pose as interested romantic partners on social media or dating websites to capitalize on their elderly victims' desire to find companions.
- **Tech support scam:** Criminals pose as technology support representatives and offer to fix non-existent computer issues. The scammers gain remote access to victims' devices and sensitive information.
- **Grandparent scam:** Criminals pose as a relative—usually a child or grandchild—claiming to be in immediate financial need.
- **Government impersonation scam:** Criminals pose as government employees and threaten to arrest or prosecute victims unless they agree to provide funds or other payments.
- **Sweepstakes/charity/lottery scam:** Criminals claim to work for legitimate charitable organizations to gain victims' trust or they claim their targets have won a foreign lottery or sweepstakes, which they can collect for a "fee."
- **Home repair scam:** Criminals appear in person and charge homeowners in advance for home improvement services that they never provide.
- **TV/radio scam:** Criminals target potential victims using illegitimate advertisements about legitimate services, such as reverse mortgages or credit repair.
- **Family/caregiver scam:** Relatives or acquaintances of the elderly victims take advantage of them or otherwise get their money.
- To report a potential scam, call the Hawaii Department of Commerce and Consumer Affairs at **(808) 587-4272 (Option 7)**.

To learn about existing scams, go to [DCCA's main page](#) and type "scams" into the search bar.

For more information about Scams and how to protect yourself, check out:

[usa.gov/common-scam-fraud](https://www.usa.gov/common-scam-fraud)



President
David Yanagisako

Administration

(808) 249-2990

Transportation

(808) 877-7651

Community Services

(808) 249-2970

Molokai (808) 553-3216

Lanai (808) 565-6665

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Meet Your 2022 Planning and Coordinating Council Officers



President

David Yanagisako was born on Oahu in 1950.

In 1982 he moved to Maui, got married and had 1 son.

He was a professional photographer for 40 years and also coached youth basketball.

He is currently the president of Hale Mahaolu Elua Senior Citizens Club.



Vice-President

Edwina Wilson-Snyder was born on Maui, graduated from St. Anthony and attended Whittier College in California.

She was employed by Hawaii DOE for 36 years and took on several positions, including becoming the Deputy District Superintendent of 30 Schools in Maui County.

She is the proud mother and grandmother of 2 children and 2 granddaughters. And a recent great-grandmother to lovely Sloane Hi'iaka.

Community Service and Volunteering is very important to Edwina. Over the course of 50 years she has been a member or officer of various entities in her community and she is still doing it!

Edwina is currently the president of the SAS Class of '58 senior club.



Secretary

Margaret Cambra was born and raised in Lahaina and now resides in Makawao with her husband.

She is the proud mother of 6 children and 7 grandchildren.

Her hobbies include community service, volunteering and helping her husband on the ranch.

She is currently employed with Wisteria Lane and Maui Health System.

Margaret is currently the president of Maui Association for Family and Community Education (MAFCE).



Treasurer

Karolyn Mossman was born in Casper, Wyoming, and lived there until she was 6 months old.

Some of her hobbies are water aerobics, senior club activities, solitaire, Sudoku, Wordle, Nerdle, Dominoes and socializing with family and friends.

Karolyn is retired from Hawaii DOE after 36 years of teaching students with disabilities. She has remained active with HSTA union for 30 of those years at all levels of the organization.

Karolyn is currently the president of HSTA-Retired.

What did you say!!!



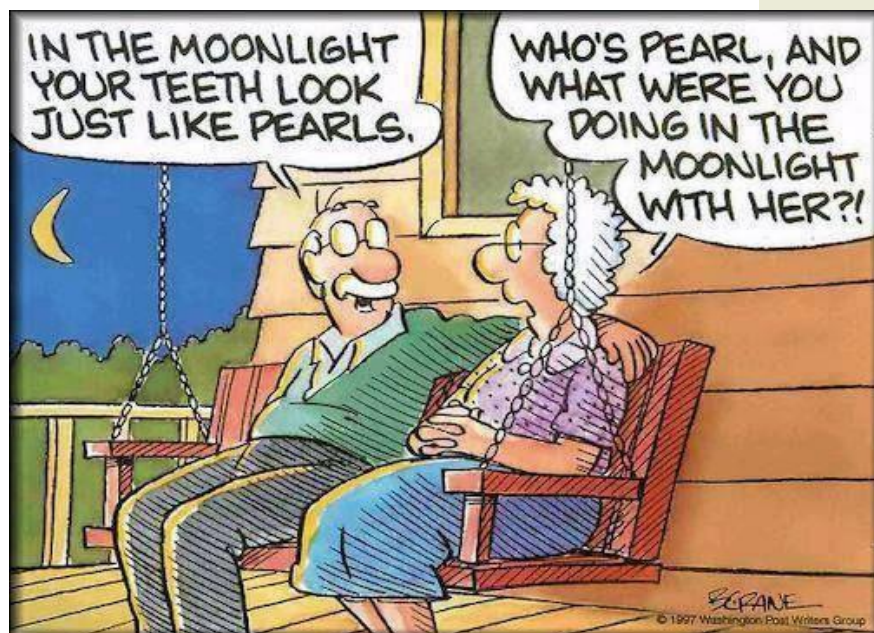
Doctor's Orders

A 92-year-old man went to his doctor to get a physical. A few days later the doctor saw the man walking down the street with a gorgeous young lady on his arm.

A couple of days later the doctor talked to the man and said, "You're really doing great, aren't you?"

The man replied, "Just doing what you said, Doctor, 'Get a hot mamma and be cheerful.'"

The doctor said, "I didn't say that. I said you got a heart murmur. Be careful."



Easy Home Modifications TO PREVENT FALLS

Install Handrails

along indoor and outdoor staircases, hallways, and anywhere you feel you need a little extra support.



Use nonslip mats and treads

to help improve traction on bathroom floors, shower, bathtub, outside decks, and outside steps.

Falls are the leading cause of injuries among older adults, sending more than two million people to the emergency department each year.



Improve lighting.

Make sure you have adequate lighting in hallways, stairways, and outdoor walkways, and areas in which you're likely to walk in the middle of the night.



Install grab bars

near showers, bathtubs, and toilets. Avoid grab bars that "stick on" to shower tiles with suction, which are less reliable than metal grab bars attached to wall studs.

Many of the fall hazards are right in our own homes, and a few inexpensive changes could lower your fall-risk.



Inexpensive fixes.

Remove all floor clutter. Rearrange furniture so that it works well with the flow of traffic. Use double-sided tape to secure the edges of area rugs to the floor, and remove small throw rugs.



Repair steps and flooring.

Repair crumbling outdoor steps, loose wall-to-wall carpeting, and uneven floorboards. Call a handyman to repair stairs or floorboards, or a carpet store to come and tighten wall-to-wall carpeting.



For other strategies and tips to avoid falls, check out "*Preventing Falls*," the online guide from Harvard Medical School.
www.health.harvard.edu/fall

Bacon and Egg Wrap



4 slices Bacon, cooked
2 eggs
2 tablespoons milk
Salt and pepper, to taste
1 teaspoon oil
2 (6-inch) tortillas
2 tablespoons shredded cheddar cheese

DIRECTIONS

1. Cook bacon according to package directions.
2. In bowl, beat eggs with fork. Add milk, salt and pepper. Beat until well blended.
3. In small skillet over medium heat, heat oil. Add egg mixture. Cook and stir until soft scrambled.
4. Place tortillas on microwave-safe plate. Microwave on HIGH (100%) 30 to 60 seconds or until heated.
5. Spoon scrambled eggs down center of each tortilla. Top each with 1 tablespoon cheese. Place two slices bacon over eggs and cheese. Roll into wrap.

SPRING WORD JUMBLE

Unscramble the words related to Spring

LRAUMLEB

OHGLSEAS

FIFLDODA

GENARGDIN

RLTAPRALEIC

INUHESNS

NEDSISGLE

AAEKWNIGN

IANLODEDN

LPELON

YAILHDTG

UOEXIQN

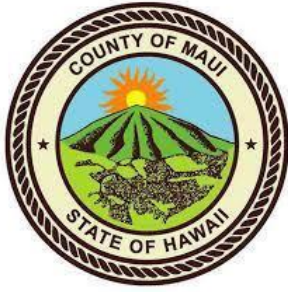
KNDGSLCUI

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Spring Scramble Word Puzzle Game

Answers: Umbrella, Galoshes, Daffodil, Caterpillar, sunshine, seedling, awakening, dandelion, pollen, daylight, equinox, ducklings



Community Services Programs

B.E.S.T

(Being
Empowered and
Safe Together)

Overview: The BEST program provides a service model that addresses the challenges that individuals face as they return to the Maui County community from incarceration. The goal is to provide support by increasing opportunities for successful reintegration while promoting public safety. Services to remove barriers for individuals may include substance abuse assessments and referral, tuition support, fees and other financial assistance to help clients obtain a driver's license and other required identification. It also provides work clothing, food, bus passes and personal hygiene items.

Eligibility: There is no income guideline criteria. Incarcerated or previously incarcerated individuals must be an adult eighteen (18) years or older. Previously incarcerated individuals may seek assistance either through walk-in/telephone request or agency referral. Case management begins immediately after the initial intake and eligibility has been determined. Individual Service Plans (ISP) are developed, implemented and maintained by the case manager. Timely follow ups and reviews of the client's ISP are ongoing to ensure the client is actively working toward accomplishing their goals.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding holidays. *(Program times may vary based upon program needs)*

Contact Information: Bishop Pahia III, Case Manager Specialist III; (808) 243-4358

bishop.pahia@meoinc.org

Enlace Hispano

Overview: Enlace Hispano (Hispanic Link) was created to assist the Hispanic/Latino population to achieve self-reliance by providing education, outreach, intervention, referrals, notary public and other direct services. The program aims to improve the quality of life for the Hispanic community and foster opportunities for inter-cultural experiences with Maui's general population.

Eligibility: There is no income guideline criteria. Individuals may seek assistance through walk-in/telephone or agency referral. The case manager will conduct an assessment with individual to identify and determine service needs. Individual Service Plans (ISP) are developed, implemented and maintained by the case manager. Timely follow ups and reviews of the client's ISP are ongoing to ensure the client is actively working toward accomplishing their goals.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays. Appointments recommended. *(Program times may vary based upon program needs.)*

Contact Information: 808-249-2970

M.I.L.C

(Maui Independent
Living Center)

Overview: MILC's mission is to ensure that persons with disabilities are full social, civic and economic partners, both within their families and in a fully accessible community, and to create access and choice.

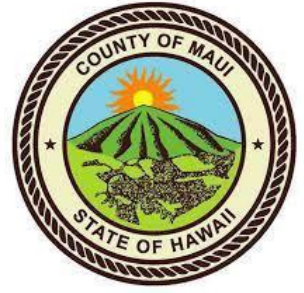
Eligibility: There is no income criteria. Disabled individuals may seek assistance through walk in/telephone or agency referral. The program coordinator will conduct an assessment with an individual to identify and determine service needs. Once needs are determined, the program coordinator will develop a (PIP) Personal Independence Plan and connect disabled individuals with needed benefits and assist with applications and program enrollment.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays. Appointments recommended. *(Program times may vary based upon program needs.)*

Contact Information: Evalina Watanabe, MILC Coordinator; (808) 243-4362

evalina.watanabe@meoinc.org

Community Services Programs



R.A.P Rental Assistance Program

Overview: MEO Inc. is one of the administrators of the County of Maui Rental Assistance Program grant. This program is designed to help individuals and families in Maui County with assistance on rental deposit, utility deposit and rent subsidy at a declining schedule and contingent upon the applicant's circumstances. All assistance is paid directly to the landlord of the rental or the utility company. This program is part of a homelessness prevention initiative, helping residents get into and sustain permanent housing.

Eligibility: Maui County residents may apply by providing a current rental agreement and meet the 80% Median Family Income guidelines. Applicants must have a stable source of income and the ability to pay the required percentage of each month's rent payment. The Housing Specialist will verify eligibility, gather intake data and provide case management that will incorporate a financial literacy component. Qualifying households assisted will be maximized at six (6) months. Applicants must have resources to assume the responsibility for his/her welfare subsequent to the receipt of the rental assistance.

Hours of Operation: 7:45 a.m. - 4:30 p.m. /Monday - Friday, excluding Holidays. Appointments recommended. *(Program times may vary based upon program needs)*

Contact Information: Kathy Jimenez, Housing Specialist; (808) 243-4358

kathy.jimenez@meoinc.org

Overview: The P & CC assists senior clubs with recruitment and membership enrollment, advocacy, education and social activities and events. The objective of this program is to enhance the quality of life for seniors by helping them obtain the benefits of knowledge, companionship, and better health. The senior coordinators help the 60 clubs to get organized, elect officers, schedule guest speakers on a variety of topics critical to senior living, organize activities and excursions to improve their quality of life, and arrange transportation to meetings and events. The coordinators also assist in the collection of data for an annual community assessment of senior needs and facilitate involvement in government budget hearings and other public meetings.

Eligibility: The target population is women and men, 60 years of age and older, residing in Maui County. Senior individuals may contact the Senior Planning Coordinator for Senior Club opportunities.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays. Appointments recommended. *(Program times may vary based upon program needs.)*

Contact Information: Zilpah Kaimiola, P&CC Senior Coordinator; (808) 243-4313

zilpah.kaimiola@meoinc.org

P & CC Planning & Coordinating Council

Overview: MEO solicits merchants to participate in the Senior Discount Red Card program, which offers senior citizens 60 years of age or older and residents of Maui County discounts on food and merchandise when using the MEO Red Card.

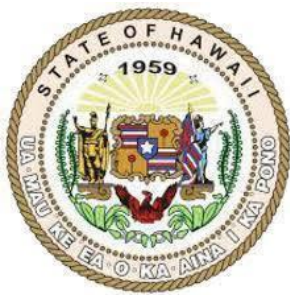
Eligibility: There is no income criteria. Senior citizens 60 years and older residing in Maui County are eligible to apply. Senior individuals may complete and submit an application to the Program Coordinator. Red Cards are distributed via mail to the applicant.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays. Appointments recommended. *(Program times may vary based upon program needs.)*

Contact Information: Zilpah Kaimiola, Program Coordinator (808); 243-4313

zilpah.kaimiola@meoinc.org

Senior discount RED cards



Community Services Programs

Employment Services for Low-Income Persons & Legal Permanent Residents

Overview: MEO provides comprehensive services on the islands of Maui and Moloka'i to improve employment possibilities for low-income persons and legal permanent residents by enhancing their employment skills and helping them to overcome barriers to language and culture and to gain and maintain meaningful employment that will lead to self sufficiency. Participants exiting the program will earn a living wage to support themselves and their families. They will be less likely to be dependent on social and governmental systems for support. Participants will have learned the skills, behaviors, and methods of obtaining and keeping gainful employment.

Eligibility: Family household income at or below 200% of the applicable federal Poverty Guidelines for Hawaii. Eligible persons are identified and enrolled; the required information to verify eligibility is obtained; a formal assessment of the individual is performed and completed; and a determination of the individual's job choice is made. An Individual Service Plan (ISP) is developed to determine participants' needs, skills, career/employment goals, barriers to employment, and specific individual and family support needed. CASAS data is assessed and recorded. In addition, the specific supportive services the individual needs to be successfully employed for one month or more are identified.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays (*Program times may vary based upon program needs.*)

Contact Information: Janeth Cerizo (808)243-4371
janeth.cerizo@meoinc.org

L.I.H.E.A.P Low Income Home Energy Assistance Program

ECI (Energy Crisis Intervention)

Overview: A crisis program to assist households who are on the verge of utility termination or have been terminated within sixty (60) days from the date of application.

Eligibility: Individuals must complete an application and provide a current original (within 60 days of issuance) "Final Notice before Disconnection" notice, photo identification (for all household members 18 years and over) proof of residence, Social Security verification and proof of income. Case Manager will determine eligibility. Individuals may seek assistance through walk in/telephone or agency referral.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays.

Contact Information: MEO Community Service; (808) 249-2970

W.A.P Weatherization Assistance Program

Overview: This program helps to increase energy efficiency for low-income families, particularly for the elderly 60 and over, persons with disabilities, and children, by assisting with cost-saving energy efficiency improvements for their homes while ensuring their health and safety. An in-home energy audit is conducted that evaluates and recommends specific energy saving measures.

Eligibility: Individuals applying must complete an application and provide photo identification (for all household members 18 years and over), birth verification and proof of income for all household members. Household income eligibility is no more than 200% of federal Poverty Level guidelines.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays. Appointments recommended. (*Program times may vary based upon program needs.*)

Contact Information: MEO Community Services; (808) 249-2970

Community Services Programs

Overview: The National Farmworker Jobs Program (NFJP) is a nationally-directed program of job training and employment assistance for migrant and seasonal farmworkers (MSFWs). NFJP assists farmworkers and their families attain greater economic stability by helping them acquire new job skills in occupations that offer higher wages and a more stable employment outlook. In addition to skills training, the program provides supportive services that help farmworkers remain and stabilize their employment in agriculture. NFJP also facilitates coordination of services through the American Jobs Center system for MSFWs so they may access other services of the workforce system.

Eligibility: Individuals must have worked on a farm or ranch and received pay for work within the last two (2) years from application date and meet income requirements based on 150% federal Poverty Guidelines. Individuals may seek assistance through walk in/telephone or agency referral. Recruitment efforts are also conducted by the NFJP staff. The case manager will conduct an assessment with individuals to identify and determine service needs. An Employment Service Plan (ESP) or an Individual Service Plan (ISP) is developed, implemented and maintained by NFJP staff. Timely follow ups and reviews of the client's ESP or ISP are ongoing to ensure clients are actively working toward accomplishing their goals.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays. Appointments recommended. *(Program times may vary based upon program needs.)*

Contact Information: Dennise Kahuhu, Program Manager; (808) 243-4368

dennise.kahuhu@meoinc.org,



N.F.J.P (National Farmworkers Job Program)

Overview: SCSEP fosters and promotes part-time employment opportunities in community service activities for low income senior citizens fifty-five (55) years of age or older. We also assist older workers in transitioning to unsubsidized employment.

Eligibility: Individuals must be fifty five (55) years of age or older. Must be income eligible based upon the 125% Federal Poverty Level. Applicants must complete an intake, screening and background clearance to determine eligibility. Applicants will complete a program orientation and potentially be assigned to a host agency for work experience. Individual Employment Plans (IEP) are developed, implemented and maintained by the Case Manager. Timely follow ups and reviews of the client's IEP are ongoing to ensure the client is actively working toward accomplishing their goals.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays *(Program times may vary based upon program needs)*

Contact Information: Carmelei Leano, Program Specialist; (808) 243-4355

carmelei.leano@meoinc.org

S.C.S.E.P (Senior Community Service Employment Program)

Overview: The Cares Act Reentry Program collaborates with Maui Reentry Partners to deliver targeted services designed to keep present and formerly incarcerated individuals impacted by COVID-19 from reoffending. The program provides access to mental health and substance abuse assessments, treatment, career pathways, employment training and housing assistance opportunities.

Eligibility: Present and formerly incarcerated individuals at or below 200% of the federal poverty level.

Hours of Operation: 7:45 a.m. - 4:30 p.m./Monday - Friday, excluding Holidays. Appointments recommended.

Contact Information: MEO Community Service; (808) 249-2970



Cares Act Reentry Program

Maui Economic Opportunity, Inc.

Rural Shopping Shuttle

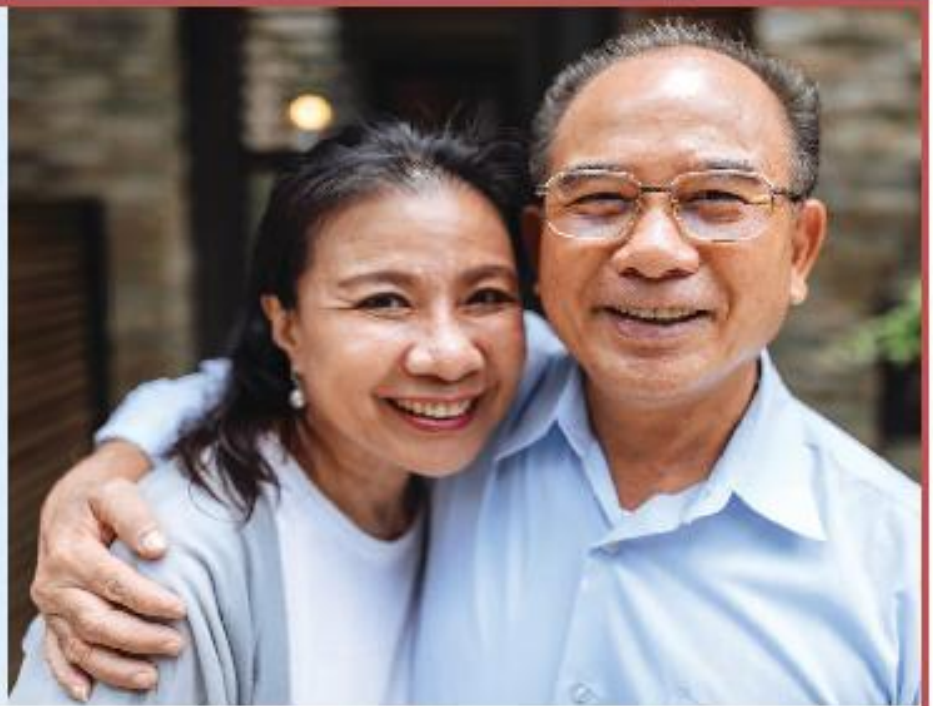


Pickup Location	Days	Times of Pickup / Return
Haiku - Peahi	Mon / Wed / Sat	8:00 am - 12:30 pm
Hale Mahaolu Akahi	Tue / Thu / Fri	8:00 am - 1:00 pm
Hale Mahaolu Elua	Mon / Tue / Thu	8:00 am - 1:00 pm
Hale Mahaolu Elima	Mon / Wed / Fri	8:00 am - 1:00 pm
Hale Mahaolu Eono, Lahaina Senior Center & Piilani	Wed / Thu	8:30 am - 11:30 am
Hali'Imaile	Tue / Fri / Sat	8:00 am - 12:30 pm
Hana/Keanae/Peahi	Mon / Wed / Thurs / Fri	6:30 am - 2:30 pm
Kahakuloa	Tue / Thurs	07:30 am - 12:30 pm
Kahului	Mon / Thu / Sat	8:00 am - 12:30 pm
Kihei	Mon / Thu / Sat	7:30 am - 12:30 pm
Kula	Mon / Wed / Sat	7:30 am - 12:30 pm
Lahaina/ Honolulu/ Piilani	Tue / Fri / Sat	7:30 am - 12:30 pm
Lanai on Maui	1st Sat, 3rd Wed and 4th Thurs of the Month	9:00 am - 1:30 pm
Lanai	Mon - Fri	9:00 am - 11:30 am
Makawao	Wed / Fri / Sat	8:00 am - 12:30 pm
Paia	Tue / Thurs / Sat	8:00 am - 12:30 pm
Pukalani	Wed / Fri / Sat	8:00 am - 12:30 pm
Hale Mahaolu Ekolu / Waihee	Mon / Wed / Fri	8:00 am - 12:30 pm
Wailuku - Waikapu	Mon / Wed / Fri	8:00 am - 12:30 pm
Wailuku Community Center	Mon / Wed / Thu	11:30 am - 1:00 pm
iShuttle (Upcountry Area Only)	Mon - Fri	9:00 am - 5:00 pm

Reservations may be made up to 14 days in advance but no later than 24 hours.

These programs are funded by the County of Maui and operated by Maui Economic Opportunity, Inc. Please contact the MEO office for further information regarding group excursion requests.

In a home fire,
can your family
safely escape in
just 2 minutes?



**Home fires claim seven lives every day, but
together we can help change that!**



American Red Cross



Maui County

Maui County Red Cross is offering
free home fire safety information and
smoke alarm installations.

**5/01/22 & 5/22/22
9:00 am - 12:00 pm**

Join our national movement and pledge to keep your family safe against home fires.

**Use the QR Code below to make your Sound the Alarm
appointment or call (808) 264-8785.**

