



NATIONAL FARMWORKER JOBS PROGRAM – HAWAI‘I

*A DEPARTMENT OF LABOR EMPLOYMENT AND TRAINING ADMINISTRATION 100% FUNDED PROGRAM

Maui Economic Opportunity, INC

August 2021

Kunia Country Farms

Sustainable Agriculture and Aquaponics in Hawai‘i

Kunia Country Farms began operations in 2010 and is now one of the largest aquaponics farms and producers of leafy greens in Hawai‘i.

Q: Aquaponics vs. Hydroponics – What is the Difference?

A: Aquaponics is a blend of aquaculture and hydroponics.

Q: What is hydroponics?

A: A method of growing plants without soil.

Q: What is aquaponics?

A: The combination of growing plants hydroponically and the practice of aquaculture (raising). The fish provide a natural source of organic nutrients through their excreted waste for the plants.

Instead of adding fertilizers to the water to provide nutrients as is done in hydroponics, fish are grown at the same time as the plants to create a cooperative relationship for an efficient system.

‘Olelo Noeau

*‘O KE KAHUA MA MUA,
MA HOPE KE KŪKULU*

*The foundation first,
then the building.
You must first set the
foundation and then
you can build upon it,
Learn all that you
can, then practice*



Kunia Country Farms

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Select Kō Varietals

Kō

Sugar Cane

Known as Kō to Native Hawaiians, sugar cane was introduced to Hawai'i by the first Polynesians over 1,000 years ago. Sugar cane was one of the many Canoe plants that they brought to Hawaii. Sugar and pineapple plantations were the largest employers in Hawaii. Today, both are gone as large scale operators.



KōHana Distillery

KōHana Distillers

Although sugar cane plantations and the production of sugar are a thing of the past, here at KōHana they have carefully chosen a varietal of sugar cane specifically to produce the finest rum. They grow, harvest by hand, press to juice, and distill to create crafted "Kō" or sugar cane into what is known as Agricole Rum. Agricole rum is the French term for sugar cane juice rum.



Did You Know?

In order to make 50 gallons of rum, you need to harvest 800 lbs. of sugar cane. This equals to one eighth of an acre of land that needs to be harvested by hand. The 800 lbs. of sugar cane is then pressed into 500 gallons of sugar cane juice, which is then distilled and made into 50 gallons of one of the world's finest pure cane rum.

All about Safety:

Centers for Disease Control
and Prevention

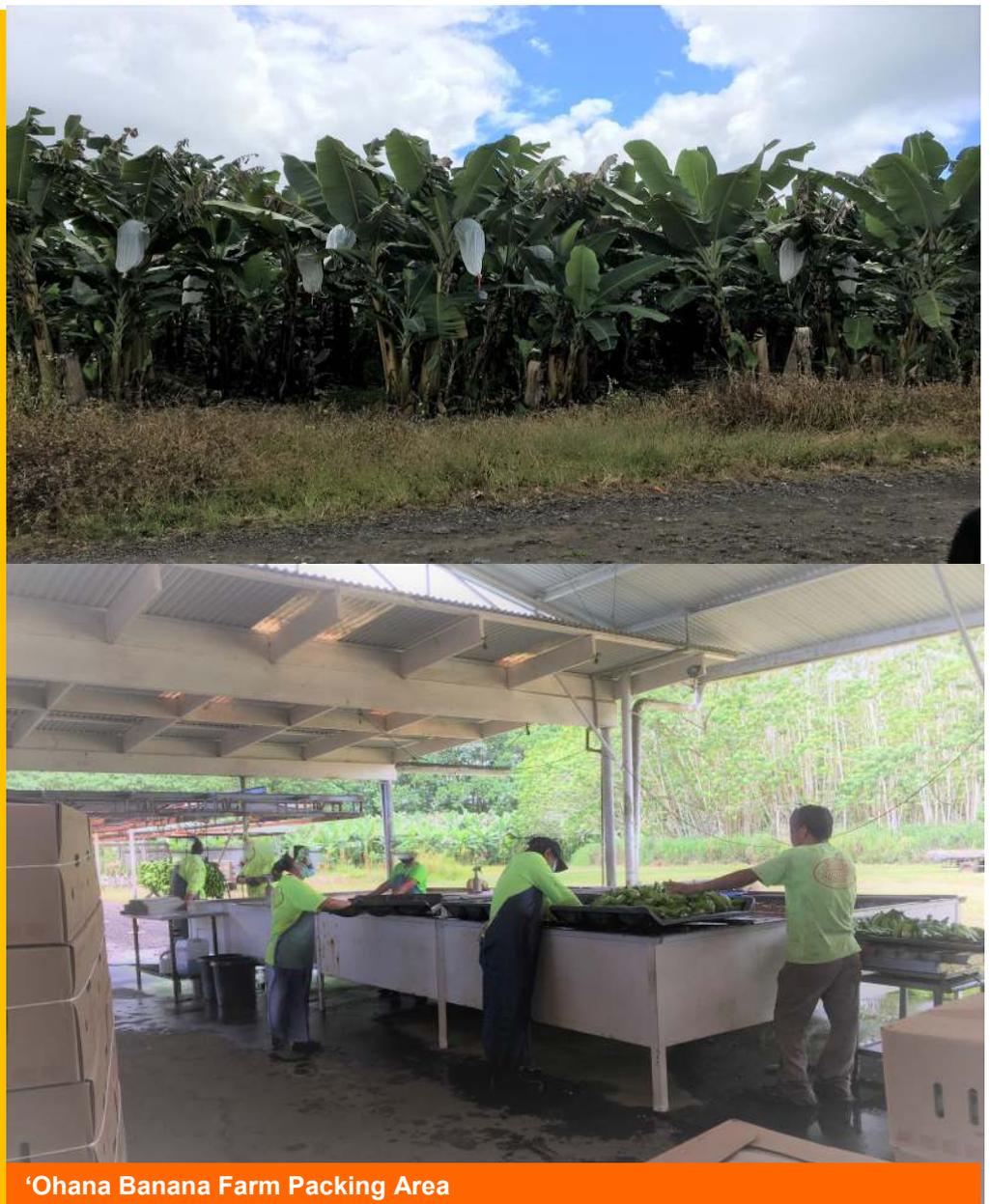
Natural Disasters, Severe Weather, and COVID-19. Here are some tips to help you and your family stay safe during hurricane season this year.

Staying with friends and family outside your household to evacuate from the storm:

- *Follow everyday preventive actions, including covering coughs and sneezes, washing your hands often, and avoiding touching your eyes, nose, and mouth with unwashed hands. Consider taking extra precautions for people living in close quarters.*
- *Talk to the people you plan to stay with about how you can all best protect yourselves from COVID-19.*
- *Know what to do if someone in your family or in the household you are staying with becomes sick with COVID-19. Take steps to keep your pets safe.*

Stay safe after a hurricane

- *You should continue to follow preventive actions to protect yourself and others from COVID-19, like washing your hands and wearing a mask during cleanup or when returning home.*
- *Dealing with disasters can cause stress and strong emotions, particularly during the COVID-19 pandemic. It is natural to feel anxiety, grief, and worry.*



'Ohana Banana Farm Packing Area

'Ohana Banana Farm

Just like the name of their farm, when they say 'ohana, they mean family. This family-owned farm is operated by a father and son team. This family farm has been around for almost 3 decades. In 1985, the Tarring 'ohana began nurturing a very special banana crop.

Today, they are one of the largest producers of Hawaiian apple bananas in the district of Puna on Hawaii Island. They have 100 acres and harvest year-round. When an NFJP case manager did a farm visit, she got to see their product firsthand, and she raves that 'Ohana Bananas produce is like no other. Their bananas are unblemished and perfectly sized. From the tree to being washed, packed, and shipped — it's all in a day's work!

Hurricanes, Severe Storms, and COVID-19

Centers for Disease Control and Prevention

Prepare for Hurricane Season

- Understand that your planning may be different this year because of the need to protect yourself and others from COVID-19.
- Get a COVID-19 vaccine. COVID-19 vaccines help protect you from getting sick or severely ill with COVID-19 and may also help protect people around you.
- Give yourself more time than usual to prepare your emergency food, water, and medicine supplies. Home delivery is the safest choice for buying disaster supplies; however, that may not be an option for everyone. If in-person shopping is your only choice, take steps to protect your and others' health when running essential errands.
- Protect yourself and others when filling prescriptions by limiting in-person visits to the pharmacy. Sign up for mail order delivery or call in your prescription ahead of time and use drive-thru windows or curbside pickup, if available.
- Pay attention to local guidance about updated plans for evacuations and shelters, including shelters for your pets.
- When you check on neighbors and friends, be sure to follow physical distancing recommendations (staying at least 6 feet from others) and other CDC recommendations to protect yourself and others.

MOLOKAI Current Events:



Extended Learning
and Workforce Development

FREE BASIC COMPUTER TRAINING ON MOLOKAI

Free 3-hour hands on class for adults 18 years and older.

- Learn how to:
- Get started on a computer
- Connect to the Internet
- Setup an email account

Call (808) 984-3231 to register for classes: 9/6, 9/7, 9/8, 9/14, & 9/15



State of Hawaii
Workforce Development Council



UNIVERSITY of HAWAII
COMMUNITY COLLEGES



MAUI Current Events

MORTGAGE, RENT & UTILITY ASSISTANCE IN-PERSON APPLICATION SUPPORT

MAUI EMERGENCY RENTAL ASSISTANCE

Catholic Charities-
Includes back rent and utility assistance
80% AMI income eligibility
Income loss due to COVID-19
Up to 12 months of assistance

MORTGAGE/ RENT ASSISTANCE

Community Development Block Grant-
Up to 6 months of assistance
\$2500 a month for mortgage assistance
\$1500 a month for rental assistance
Income loss due to COVID-19

RENTAL ASSISTANCE

County of Maui-
Up to 6 months of Assistance
Includes security and utility deposits and rental subsidies

REQUIRED DOCUMENTS (MORE DOCS MAY BE NEEDED DEPENDING ON PROGRAMS) • Photo ID • Social Security Cards • Income documentation • Lease or Mortgage Statement • Covid-19 income loss verification • Eviction notices • Utility bill • Birth Certificates for children 5 and under • assets documents

WWW.MEOINC.ORG
808-249-2970



MEO staff will be at the following sites to provide in-person application support including copying documents, reviewing and submitting applications for approval

MEO FAMILY CENTER-- WAILUKU

Monday- Friday
From 8am-4pm
Appointments preferred but not required.

KIHEI COMMUNITY CENTER

From 8am-12pm (Mondays)
8/16/21
9/20/21
10/18/21
11/8/21
12/20/21

LAHAINA CIVIC CENTER

From 10am-2pm (Wednesdays)
8/11/21
9/8/21
10/13/21
12/8/21

HANA PUBLIC LIBRARY

By appointment-
call 808-248-8282

MOLOKAI

By appointment-
call 808-553-3216

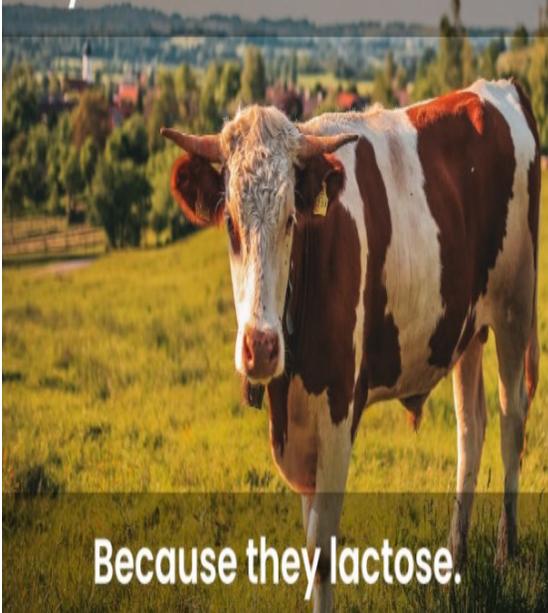
LANAI

By appointment-
call 808-565-6665

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Why can't cows wear shoes?



Because they lactose.