



Maui Economic
Opportunity, Inc.



After 34-years of dedicated service to MEO, Agnes Groff graciously made her final bow on March 31st. Agnes truly embodied MEO’s mission statement by “strengthening the community while helping people in need restore their help, reach their potential and enrich their lives.” Her tireless acts of kindness, dedication and commitment not only assisted the people in need but, also inspired other to do the same.

Agnes has always been a steward to “pay it forward.” Her countless accolades, certificates and awards underscores Agnes’ enthusiasm and uncompromising perseverance to help others. Perhaps the most elated person to embrace Agnes’ retirement is her husband Steve. Although in the retirement mode, Agnes will continue to be active in with the seniors and rest assured her delectable cooking will never retire as she will continue to serve onolicious goodies every now and then. Let us all wish Agnes a fruitful and happy retirement.



May Fujiwara
P&CC President

Administration
(808) 249-2990

Transportation
(808) 877-7651

Community Services (
808) 249-2970

Molokai
(808) 553-3216

Lanai
(808) 565-6665



***Hale Mahaolu Ekolu will be having a Rummage Sale on July 9th from 7:00am –1pm
Donations will be accepted on July 7th and may be dropped off at the Community Hall within the complex***

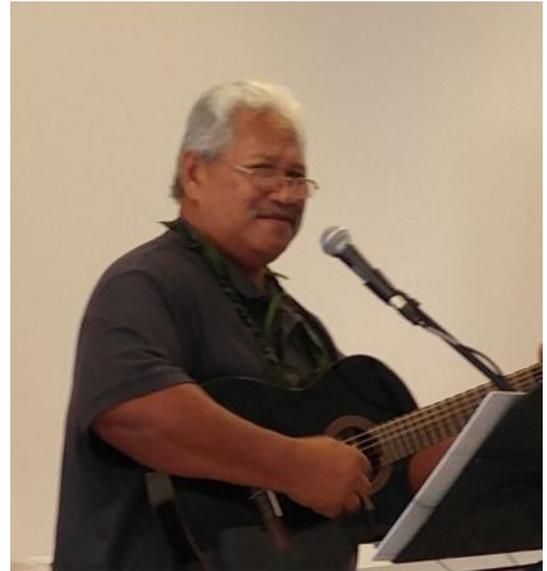
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Ehiku Spring Fling March 29, 2016



On March 29, 2016, Hale Mahaolu Ehiku held its annual Spring Fling event. Hale Mahaolu Elima, Ekolu, Akahi were invited to attend this event and everyone enjoyed their day. They had lunch provided by Rhonda Lincoln from Hale Mahaolu Elua. There were door prizes and they even had an Ice Cream Sundae Station



Entertainment was provided by Kalei Cleveland who made time out of his busy day to play some old style Hawaiian Music for our attendees.



Everyone had a great time !

Easiest Fruit Salad



Ingredients

- **1 lb. strawberries, sliced**
- **15 oz. can mandarin oranges, drained**
- **1 cup mini marshmallows**
- **2 large bananas (or 3 small bananas,) sliced**

Directions : Combine strawberries, mandarin oranges, mini marshmallows, and bananas in a large bowl then chill and serve. Can make several hours ahead of time, but add sliced bananas just before serving.

MAKES 5-6 SERVINGS

HURRICANE PREPAREDNESS

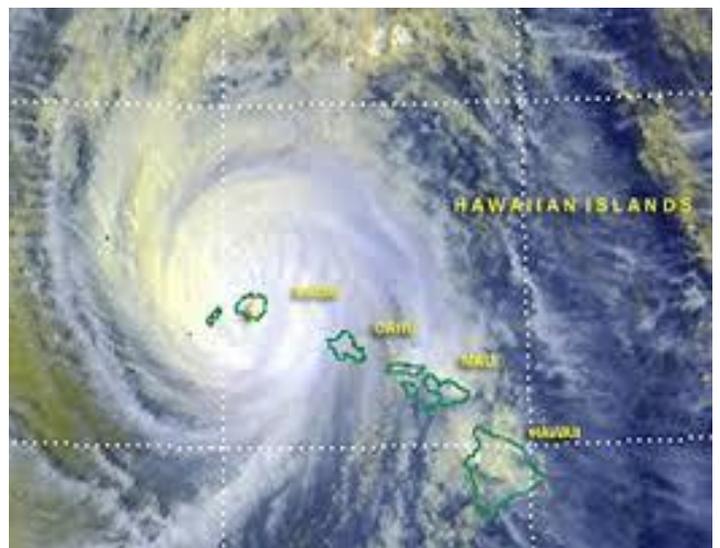
Hawaii's hurricane season has just begun. Officially, hurricane season is from June 1st until the end of November. Since 1959, three hurricanes have hit our Islands causing severe damage and loss of property. It is not a matter of "if," but "when." Rather than wait and bet on the odds that we won't experience a hurricane for another decade, you're better off preparing for a hurricane and then hoping it never comes.

To begin with, be informed. Know the difference between a **Hurricane Watch** and a **Hurricane Warning**. A Hurricane Watch is the period within 36 hours that the Hurricane, with its strong damaging winds, high surf, and flooding rains, could hit land. It is the time to take action and prepare for your family, business and property. A Hurricane Warning is the period within 24 hours when hurricane force winds could hit areas of the island. Bear in mind that a Hurricane Warning may not always be preceded by a Hurricane Watch. Know the meaning of various terms such as: tropical disturbance, tropical depression, tropical storm, gale warnings, storm warnings, flash flood watch, flash flood warning, tornadoes, and small craft cautionary statements.

The best way to monitor the progress of the hurricane is to be sure you *have a battery powered radio* (in case you lose electricity), and you are tuned into the appropriate weather and news update radio channel or television station. The best time to take action to commence hurricane preparedness for you and your family or business is to plan a course of action before the hurricane hazardous conditions hit your area.

How do you plan for it? First make sure you **have a transportation readiness plan**. If you have to evacuate from the hurricane, do you know where you will go? Where is the nearest shelter? How will you get there? Before leaving your home, have you made sure your property is secure? What will you take? What about the care of your pets and other animals? If you don't leave your home, do you have a shelter on your property to go to should the storm worsen? If you own a small boat or aircraft, have you taken appropriate actions to secure them from high seas or strong winds? Do you have a survival kit? In preparing your survival kit, have you planned for the loss of water, electricity, telephone or other utility service? Do you have an evacuation kit in the event you must leave your property? Are you located in a low lying coastal area that is vulnerable to high surf or on a mountainous ridge line exposed to strong winds?

If you have a plan to address all of the questions stated above, then you are as best prepared as anyone should a hurricane hit our islands. For more information, go online. The Hawaii Civil Defense's website has lots of information to help you prepare for hurricane season.





HURRICANE SURVIVAL GUIDE



Supply Kit Checklist

Water

- One gallon of drinking water per person per day for 14 days
- One gallon of water for each person per day for cooking and personal hygiene
- Don't forget water for your pets

Ice

- Freeze water in zip-type freezer bags and two-liter soda jugs
- Fill coolers with ice. Ice can be used to preserve food once the power goes out

Food

- Non-perishable packaged or canned food to last 14 days
- Ready-to-eat canned meats, fruits and vegetables
- Canned or boxed juice
- Canned or boxed milk
- Cereal
- Soup
- Peanut butter and jelly, granola bars, trail mix
- Powdered coffee or tea
- Bread, crackers and cookies
- Raw Vegetables
- Fresh fruit
- Special Food for babies and the elderly

For The Home

- Cooler for ice and food storage

- Flashlights with extra batteries or hand-crank flashlights
- Battery or solar powered lanterns
- Battery Powered NOAA Weather radio with extra batteries or hand-crank radio
- Car charger for mobile phone
- Battery operated digital TV with car charger adapter
- Grill with extra propane, charcoal, or sterno (Outdoor Use Only)
- Matches in waterproof container or butane starter for grill
- Paper plates/bowls/cups, plastic eating utensils, napkins, paper towels, moist towelettes
- Manual can opener and bottle opener
- Cleaning supplies
- Non-scented liquid household chlorine bleach or water purification tablets
- Work gloves
- Duct tape
- Heavy-duty outdoor extension cords
- Waterproof tarps
- Plastic sheeting
- Rope
- Basic tool kit
- Corded phone
- Smoke detectors
- Carbon-monoxide detectors

- Two-way radio if power, terrestrial telephone and cell towers fail
- Fire extinguisher
- Waterproof container or re-sealable plastic bag to store important papers like insurance, medical, bank, or Social Security documents/numbers

Health Essentials

- First Aid Kit
- Two weeks supply of prescription drugs
- Two weeks supply of vitamins
- Over the counter pain reliever
- Antibacterial hand soap
- Toilet paper
- Plastic garbage bags
- Mosquito repellent
- Sunscreen
- Toiletries/Hygiene items

For Your Pet

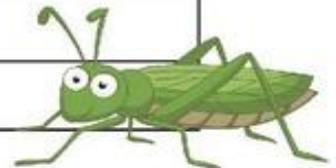
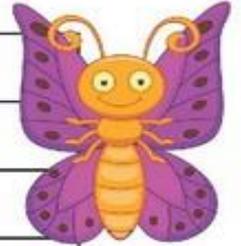
- Non-perishable food
- Water
- Medications
- Documentation, license



Insects Word Scramble

All of the scrambled words below are names of insects you have probably heard about. Can you put the letters in the right order to spell the 19 different insect names correctly?

OUTMQISO	
BTLTEUYFR	
MTHO	
LEEBET	
CCIDAA	
ELYFSRHO	
PAWS	
ITKSC GBU	
AYGPRNI NMATSI	
EBE	
ALFE	
LNFOAYGRD	
AGDBLYU	
PSESHRAGPOR	
EIRETTM	
COOCHRKAC	
NAT	
RIEKCTC	
YLF	



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Answer Key: Mosquito, Butterfly, Moth, Beetle, Cicada, Horsefly, Wasp, Stick Bug, Praying Mantis, Bee, Flea, Dragonfly, Ladybug, Grasshopper, Termite, Cockroach, Ant, Cricket, Fly



Community Services

LEGAL SERVICES 249-2970

Free Legal Services to senior citizens age 60 years and older who own no real property other than their home, and who have not been provided MEO Legal Services within the past 6 months.

MIGRANT/SEASONAL FARMWORKER PROGRAM 249-2970

Assists individual/family with farm work experience to obtain all year round full-time employment. Program provides pre-employment training, work experience, On-the-Job training, support services, etc.

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP) 249-2970

Provides part-time employment to low-income older persons 55 years or older. Provides vital community services and places participants in permanent employment.

EMPLOYMENT CORE SERVICES FOR LOW INCOME PERSONS 249-2970

Assists low-income family to become self-sufficient by providing counseling services, pre-employment training, and support services.

RED DISCOUNT CARD SERVICE 249-2970

Eligible for all Seniors 60 years and older & must be a permanent resident here on Maui. Pick up your red card & a senior discount list at MEO's Community Service Office. Good at participating vendors.

ENLACE HISPANO 249-2993

Provides the Hispanic Community with referrals of different services: Taxes, Immigration, Consulates, Health, etc. Direct services: Translations, Interpreter Services, Health Education, ESL Classes and Language Exchange Education Services.

Remite a la Comunidad Hispana a entidades que ofrecen servicios de: Impuestos, Inmigración, Consulados, Salud, etc. Ofrece Servicios Directos de: Interpretes, Traducciones, Salud, Clases de Inglés como Segunda Lengua, Facilita en el Programa de Intercambio Cultural.

TRANSPORTATION SERVICES 877-7651

Ala Hou – Adults with Disabilities
Employment – economically challenged
Youth Transportation
Leisure – Kaunoa Nutrition
Senior Fair
Aloha Party
Maui County Special Fair
Dialysis
Rural Shopping Shuttle
Maui Adult Day Care

HOMELESS PROGRAMS 249-2970

The Community Services Dept. implements a county homeless grant to assist unsheltered or at-risk households with rent providing they meet the criteria.

WHEELCHAIR SERVICES 877-7651

MEO, Inc. Transportation Department also has lift-equipped vans for persons who use wheelchairs needing a ride to the doctor, shopping, etc. You need to be registered with the MEO, Inc. Transportation Department in order to utilize this service. Once your information is on file, you can schedule your pick up 48-hours in advance.



Rural Shopping Shuttle

Pickup Location	Days	Times of Pickup / Return
Haiku - Peahi	Mon / Wed / Sat	8:00 am - 12:30 pm
Hale Mahaolu Akahi	Thu	8:00 am - 10:30 am
Hale Mahaolu Akahi	Tue & Fri	11:45 am - 1:15 pm
Hale Mahaolu Elua	Tue	8:00 am - 10:30 am
Hale Mahaolu Elua	Mon & Thu	11:45 am - 1:15 pm
Hale Mahaolu Elima	Wed Mon & Fri	8:00 am - 10:30 am-12:00pm 11:45 am - 1:00 pm
Hale Mahaolu Eono	Wed & Thu	8:45 am - 10:30 am 9:15 am - 11:30 am
Hali'Imaile	Tue / Fri / Sat	8:00 am - 12:30 pm
Hana	Mon/ Thurs/ Fri	6:30 am – 1:00 pm
Kahakuloa	Tue/Thurs	07:30 am - 12:30 pm
Kahului	Mon / Thu / Sat	8:00 am, 10:30 am & 11:30 am
Keanae	Wed	7:00 am - 12:30 pm
Kihei	Mon / Thu / Sat / 3rd Wed*	7:30 am - 12:30 pm
Kula	Mon / Wed / Sat	8:00 am - 12:30 pm
Lahaina/ Honolua/ Piilani	Tue / Fri / Sat	7:30 am - 12:30 pm
Lanai on Maui	1st Sat, 3 rd Wed and 4 th Thurs of the Month	9:00 am – 1:30 pm
Lanai	5 Times a week	Morning/Afternoon
Makawao	Wed / Fri / Sat	8:00 am - 12:30 pm
Paia	Tue & Thurs	8:00 am - 12:00 pm
Sat	8:00 am - 12:30 pm	
Pukalani	Wed / Fri / Sat	8:00 am - 12:30 pm
Waihee / Ekolu	Mon / Wed / Fri	8:00 am, 10:30 am & 11:30 am
Wailuku - Waikapu	Mon / Wed / Fri	8:00 am, 10:30 am & 11:30 am
Wailuku Community Ctr.	Mon / Wed / Thu	11:30 am - 1:00 pm